



**TAEKWONDO
FESTIVAL
BATTLE AT THE CAPITAL**

Saturday-December 2nd, 2023

TRENTON, NEW JERSEY

OPEN FORMS / BREAKING / WEAPONS / GRASSROOTS / ELITE SPARRING

REGISTER ONLINE

www.facebook.com/CAPITALCITYTAEKWONDO



**CHRISTINA SEIX
ACADEMY**

FESTIVAL HELD AT CHRISTINA SEIX ACADEMY
1550 STUYVESAT AVENUE TRENTON, NJ 08618
(609) 213-2528 / NJTAEKWONDO1@GMAIL.COM
WWW.NJTAEKWONDO.COM



September 1, 2023

Dear Masters, Instructors, Competitors:

It is with great pleasure that I cordially invite the Taekwondo community to our Annual Taekwondo Festival **Battle at the Capital 2023**. What began as a small event to spread the meaning of Taekwondo and have grown tremendously. With the help of many sponsors and our Taekwondo families around the country.

I have obtained a comfortable space for parents, referees, instructors, masters and competitors to enjoy a competitive Taekwondo experience on Saturday, December 2nd. We are working with Edge Taekwondo NY and Team Destiny NJ; all have given their time to make this event an enjoyable one for all participating parties.

Whether you want to excel in forms, breaking and weapons, or to experience competition while testing your ability in Grassroots sparring against other schools (for beginners in color belts) or you want to take your sparring level up to a National or International level this event is for you.

Daedo electronic protection will be used in all elite divisions while World Class Daedo Competitors (Competitively Trained) will be using Generation II electronic protection. All sparring division competitors will be competing as many times as possible to earn our official Capital City Taekwondo (**CCTKD**) Medal. Students who wish to compete in forms, breaking & weapons will receive medals or trophies. Students will be given the option to compete in every event.

Capital City Taekwondo will provide certificate of participation to all athlete & coaches generously provided by Destiny Olympic Taekwondo. Competitor must provide their own **breaking boards**, School Masters and Head Coaches please consider that this event is not a tournament but a high level festival. It is imperative that our tenets and our values of Taekwondo be on display at all times throughout the festival. There are no losers, this is a learning experience for all competitors. The **CCTKD** is about providing quality events and most importantly giving back to all participants. Thank you for your support and let's make this event memorable.



Master Jorge Pelaez

Certified by World Taekwondo

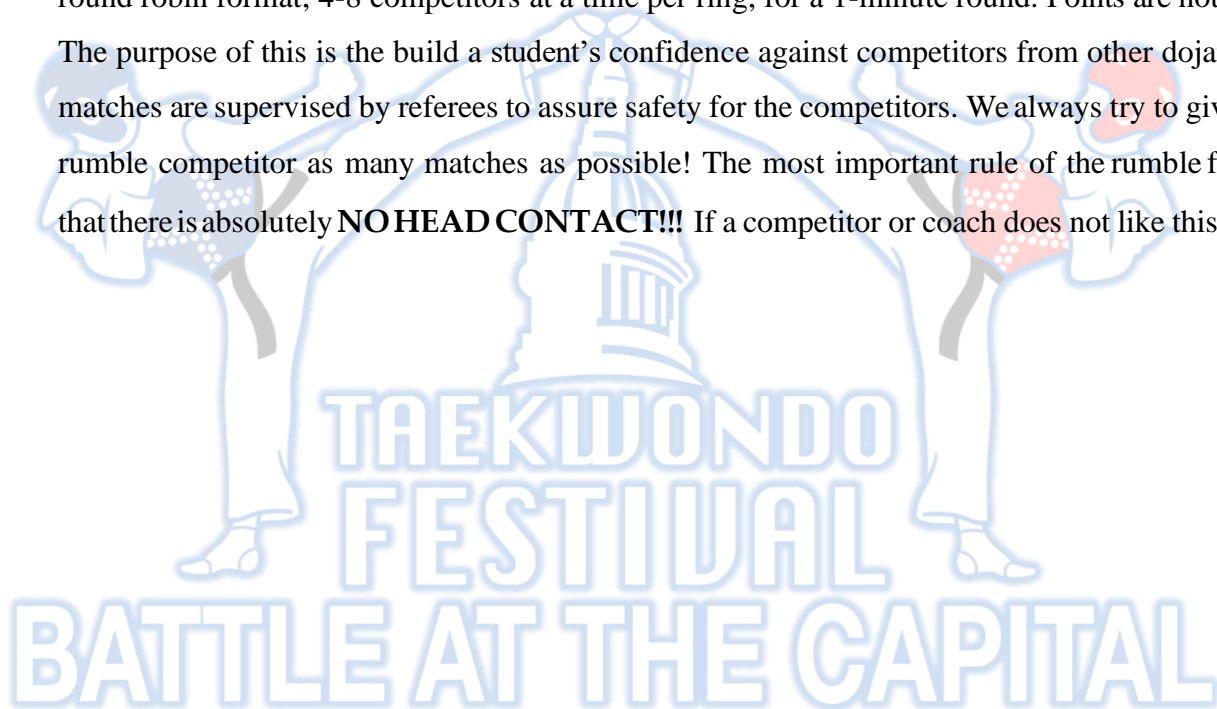
President of Ecuadorian Taekwondo Association USA

Event Held at: Christina SeixAcademy, 1550 Stuyvesant Avenue Trenton, NJ 08618
Saturday - December 2nd, 2023



RUMBLE COMPETITION RULES AND FORMAT

Our Rumble format is designed to encourage students to take that next step into competition. Students compete with full equipment against other students of the same gender and belt rank in a round robin format; 4-8 competitors at a time per ring, for a 1-minute round. Points are not scored. The purpose of this is to build a student's confidence against competitors from other dojangs. All matches are supervised by referees to assure safety for the competitors. We always try to give every rumble competitor as many matches as possible! The most important rule of the rumble format is that there is absolutely **NO HEAD CONTACT!!!** If a competitor or coach does not like this format,





SCHEDULE OF EVENT

DOORS OPEN

8:00AM

Check-in for all Master officials, Coaches, Referees
Check-in for Ages 4 & under, 5-9 all belts and divisions.

RING ASSIGNMENTS 8:30AM

Meeting for All Masters, Officials, Coaches, & Referees.

COMPETITION BEGINS: 9:00AM

Forms, Breaking, Weapons and Sparring events begin
(All ages Under, 11 and ranks)

11:00AM

Elite sparring (Daedo Electronic Scoring)

8-9 / 10-11 Years Old

12:30PM

Referee and Officials food break

RING ASSIGNMENTS 1:00PM

Check-in for Ages 12-14 & under, 17 and senior all
belts and divisions

Meeting for All Masters, Officials, Coaches, & Referees.

1:30PM

Forms, Breaking, Weapons and Sparring events begin

12-14 years older All Belts, Junior (15-17) and Senior

2:30PM

Elite sparring (Daedo Electronic Scoring)

12-14 / 15-17 and Senior.

**(Daedo foot socks will not be sold at our event. All students must provide their own.)
With proper cooperation and punctuality from all participating athletes and schools, we
could keep this schedule running smoothly and on time for all participants.**

*** PLEASE, use online registration to expedite the event.**

Thank you.

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PLEASE SUBMIT TO YOUR MASTER OR COACH by NOVEMBER 30th

Register Online at:
www.NJTAEKWONDO.com
njtaekwondo1@gmail.com

PLEASE CIRCLE WHICH EVENT YOU ARE PARTICIPATING IN:

FORMS - WEAPONS - BREAKING - GRASSROOTS SPARRING - ELITE SPARRING

- Registration Fees: \$ 90.00 One Event \$20.00 Additional Event.
- Coach Pass: \$35.00
- At the door, will be charger \$10.00 penalty.
- Registration Deadline: Must be Received By Friday December 1st, 2023.
- General Admission: \$10.00 (cash only)

NAME: _____ DATE OF BIRTH: _____

SCHOOL NAME AND ADDRESS: _____

INSTRUCTOR NAME: _____

GENDER: M F (CIRCLE ONE)

BELT RANK: _____

AGE: _____ WEIGHT: _____ HEIGHT: _____

EMAIL: _____ PHONE: _____

NO REFUNDS TRANSFERS OR CREDITS OF YOUR REGISTRATION FEES AND GENERAL ADMISSION FEES WILL BE MADE.

**Release and Waiver of Liability and Indemnity Agreement
(Read Carefully Before Signing)**

In consideration of being permitted to participate in any way in the Annual Taekwondo Festival BATTLE AT THE CAPITAL & Sparring Rumble indicated below and/or being permitted to enter for any purpose any restricted area (here in defined as any area where in admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree:

1. The parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating in the below martial arts activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agree that, if at any time, I feel anything to be UNSAFE; I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.

2. I/We fully understand and acknowledge that:

- a. There are risks and dangers associated with participation in martial arts events and activities which could result in bodily injury partial and/or total disability, paralysis and death.
- b. The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
- c. These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the Releasees named below.
- d. There may be other risks not known to us or are not reasonably foreseeable at this time.

2. I/WE accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the Releasees named below.

3. I/We HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the martial arts facility used by the participant, including its owners, managers, promoters, lessees of premises used to conduct the martial arts event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions or instructions to engage in risk evaluation or loss control activities regarding the martial arts facility or events held at such facility and each of them, their directors, officers, agents, employees, all for the purpose herein referred to as "Releasee"... From all liability to the undersigned, my/our personal representatives, assigns, executors, heirs and next of kin for any and all claims, demands, losses or damages and any claims or demands therefore on account of any injury, including but not limited to the death of the participant or damage to property, arising out of or relating to the event(s) caused alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

4. I/We HEREBY acknowledge that THE ACTIVITIES OF THE EVENT(S) ARE VERY DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENT RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.

5. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

6. On behalf of the participant and individually, the undersigned partner(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite the release, the participant makes a claim against any of the Releasees, the parent(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Student/Participant Signature _____

Date _____

Parent or Guardian Signature (if minor) _____

Printed Name of Participant _____